

Mantenerse *to support (oneself), to hold up, to remain*

IRREGULAR VERB

Indicative tenses

Pronoun	Present	Preterite	Imperfect	Future	Conditional
Yo <i>I</i>	me mantengo ● <i>I support</i>	me mantuve ● <i>I supported</i>	me mantenía <i>I used to support</i>	me mantendré ● <i>I will support</i>	me mantendría ● <i>I would support</i>
Tú <i>You</i>	te mantienes ● <i>you support</i>	te mantuviste ● <i>you supported</i>	te mantenías <i>you used to support</i>	te mantendrás ● <i>you will support</i>	te mantendrías ● <i>you would support</i>
Ella / Él / Ud <i>She/he/you (fml)</i>	se mantiene ● <i>s/he supports</i>	se mantuvo ● <i>s/he supported</i>	se mantenía <i>s/he used to support</i>	se mantendrá ● <i>s/he will support</i>	se mantendría ● <i>s/he would support</i>
Nosotras/os <i>We</i>	nos mantenemos <i>we support</i>	nos mantuvimos ● <i>we supported</i>	nos manteníamos <i>we used to support</i>	nos mantendremos ● <i>we will support</i>	nos mantendríamos ● <i>we would support</i>
Vosotras/os <i>You (pl)</i>	os mantenéis <i>you (pl) support</i>	os mantuvisteis ● <i>you (pl) supported</i>	os manteníais <i>you (pl) used to support</i>	os mantendréis ● <i>you (pl) will support</i>	os mantendríais ● <i>you (pl) would support</i>
Ellas/os / Uds <i>They/you (pl fml)</i>	se mantienen ● <i>they support</i>	se mantuvieron ● <i>they supported</i>	se mantenían <i>they used to support</i>	se mantendrán ● <i>they will support</i>	se mantendrían ● <i>they would support</i>

Pronoun	Present Perfect	Past Perfect	Future Perfect	Conditional Perfect
Yo <i>I</i>	me he mantenido <i>I have supported</i>	me había mantenido <i>I had supported</i>	me habré mantenido <i>I will have supported</i>	me habría mantenido <i>I would have supported</i>
Tú <i>You</i>	te has mantenido <i>you have supported</i>	te habías mantenido <i>you had supported</i>	te habrás mantenido <i>you will have supported</i>	te habrías mantenido <i>you would have supported</i>
Ella / Él / Ud <i>She/he/you (fml)</i>	se ha mantenido <i>s/he has supported</i>	se había mantenido <i>s/he had supported</i>	se habrá mantenido <i>s/he will have supported</i>	se habría mantenido <i>s/he would have supported</i>
Nosotras/os <i>We</i>	nos hemos mantenido <i>we have supported</i>	nos habíamos mantenido <i>we had supported</i>	nos habremos mantenido <i>we will have supported</i>	nos habríamos mantenido <i>we would have supported</i>
Vosotras/os <i>You (pl)</i>	os habéis mantenido <i>you (pl) have supported</i>	os habíais mantenido <i>you (pl) had supported</i>	os habréis mantenido <i>you (pl) will have supported</i>	os habrías mantenido <i>you (pl) would have supported</i>
Ellas/os / Uds <i>They/you (pl fml)</i>	se han mantenido <i>they have supported</i>	se habrían mantenido <i>they had supported</i>	se habrán mantenido <i>they will have supported</i>	se habrían mantenido <i>they would have supported</i>



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Subjunctive tenses

Pronoun	Present	Imperfect	Future
Yo <i>I</i>	me mantenga ● <i>I support</i>	me mantuviera ● <i>I supported</i>	me mantuviere ● <i>I will support</i>
Tú <i>You</i>	te mantengas ● <i>you support</i>	te mantuvieras ● <i>you supported</i>	te mantuvieres ● <i>you will support</i>
Ella / Él / Ud <i>She/he/you (fml)</i>	se mantenga ● <i>s/he supports</i>	se mantuviera ● <i>s/he supported</i>	se mantuviere ● <i>s/he will support</i>
Nosotras/os <i>We</i>	nos mantengamos ● <i>we support</i>	nos mantuviéramos ● <i>we supported</i>	nos mantuviéremos ● <i>we will support</i>
Vosotras/os <i>You (pl)</i>	os mantengáis ● <i>you (pl) support</i>	os mantuvierais ● <i>you (pl) supported</i>	os mantuviereis ● <i>you (pl) will support</i>
Ellas/os / Uds <i>They/you (pl fml)</i>	se mantengan ● <i>they support</i>	se mantuvieran ● <i>they supported</i>	se mantuvieren ● <i>they will support</i>

Pronoun	Present Perfect	Past Perfect	Future Perfect
Yo <i>I</i>	me haya mantenido <i>I have supported</i>	me hubiera mantenido <i>I had supported</i>	me hubiere mantenido <i>I will have supported</i>
Tú <i>You</i>	te hayas mantenido <i>you have supported</i>	te hubieras mantenido <i>you had supported</i>	te hubieres mantenido <i>you will have supported</i>
Ella / Él / Ud <i>She/he/you (fml)</i>	se haya mantenido <i>s/he has supported</i>	se hubiera mantenido <i>s/he had supported</i>	se hubiere mantenido <i>s/he will have supported</i>
Nosotras/os <i>We</i>	nos hayamos mantenido <i>we have supported</i>	nos hubiéramos mantenido <i>we had supported</i>	nos hubiéremos mantenido <i>we will have supported</i>
Vosotras/os <i>You (pl)</i>	os hayáis mantenido <i>you (pl) have supported</i>	os hubierais mantenido <i>you (pl) had supported</i>	os hubiereis mantenido <i>you (pl) will have supported</i>
Ellas/os / Uds <i>They/you (pl fml)</i>	se hayan mantenido <i>they have supported</i>	se hubieran mantenido <i>they had supported</i>	se hubieren mantenido <i>they will have supported</i>

Imperative tenses

Pronoun	Affirmative	Negative
Tú <i>You</i>	mantente ● <i>(to you) support!</i>	no te mantengas ● <i>(to you) don't support!</i>
Ella / Él / Ud <i>She/he/you (fml)</i>	manténgase ● <i>(to you fml) support!</i>	no se mantenga ● <i>(to you fml) don't support!</i>
Nosotras/os <i>We</i>	mantengámonos ● <i>let's support!</i>	no nos mantengamos ● <i>let's not support!</i>
Vosotras/os <i>You (pl)</i>	manteneos <i>(to you pl) support!</i>	no os mantengáis ● <i>(to you pl) don't support!</i>
Ellas/os / Uds <i>They/you (pl fml)</i>	manténganse ● <i>(to you pl fml) support!</i>	no se mantengan ● <i>(to you pl fml) don't support!</i>

Past participle & gerund

Past participle

mantenido
supported

Gerund

manteniendo
supporting

Any red dots (●) above denote irregular conjugations.

