Estresar *to stress (out)*

Indicative tenses

Pronoun	Present	Preterite	Imperfect	Future	Conditional
Yo *I*	estreso *I stress*	estresé *I stressed*	estresaba *I used to stress*	estresaré *I will stress*	estresaría *I would stress*
Tú *You*	estresas *you stress*	estresaste *you stressed*	estresabas *you used to stress*	estresarás *you will stress*	estresarías *you would stress*
Ella / Él / Ud *She/he/you (fml)*	estresa *s/he stresses*	estresó *s/he stressed*	estresaba *s/he used to stress*	estresará *s/he will stress*	estresaría *s/he would stress*
Nosotras/os *We*	estresamos *we stress*	estresamos *we stressed*	estresábamos *we used to stress*	estresaremos *we will stress*	estresaríamos *we would stress*
Vosotras/os *You (pl)*	estresáis *you (pl) stress*	estresasteis *you (pl) stressed*	estresabais *you (pl) used to stress*	estresaréis *you (pl) will stress*	estresaríais *you (pl) would stress*
Ellas/os / Uds *They/you (pl fml)*	estresan *they stress*	estresaron *they stressed*	estresaban *they used to stress*	estresarán *they will stress*	estresarían *they would stress*

Pronoun	Present Perfect	Past Perfect	Future Perfect	Conditional Perfect
Yo *I*	he estresado *I have stressed*	había estresado *I had stressed*	habré estresado *I will have stressed*	habría estresado *I would have stressed*
Tú *You*	has estresado *you have stressed*	habías estresado *you had stressed*	habrás estresado *you will have stressed*	habrías estresado *you would have stressed*
Ella / Él / Ud *She/he/you (fml)*	ha estresado *s/he has stressed*	había estresado *s/he had stressed*	habrá estresado *s/he will have stressed*	habría estresado *s/he would have stressed*
Nosotras/os *We*	hemos estresado *we have stressed*	habíamos estresado *we had stressed*	habremos estresado *we will have stressed*	habríamos estresado *we would have stressed*
Vosotras/os *You (pl)*	habéis estresado *you (pl) have stressed*	habíais estresado *you (pl) had stressed*	habréis estresado *you (pl) will have stressed*	habríais estresado *you (pl) would have stressed*
Ellas/os / Uds *They/you (pl fml)*	han estresado *they have stressed*	habían estresado *they had stressed*	habrán estresado *they will have stressed*	habrían estresado *they would have stressed*

Subjunctive tenses

Pronoun	Present	Imperfect	Future
Yo _I_	estrese _I stress_	estresara _I stressed_	estresare _I will stress_
Tú _You_	estreses _you stress_	estresaras _you stressed_	estresares _you will stress_
Ella / Él / Ud _She/he/you (fml)_	estrese _s/he stresses_	estresara _s/he stressed_	estresare _s/he will stress_
Nosotras/os _We_	estresemos _we stress_	estresáramos _we stressed_	estresáremos _we will stress_
Vosotras/os _You (pl)_	estreséis _you (pl) stress_	estresarais _you (pl) stressed_	estresareis _you (pl) will stress_
Ellas/os / Uds _They/you (pl fml)_	estresen _they stress_	estresaran _they stressed_	estresaren _they will stress_

Pronoun	Present Perfect	Past Perfect	Future Perfect
Yo _I_	haya estresado _I have stressed_	hubiera estresado _I had stressed_	hubiere estresado _I will have stressed_
Tú _You_	hayas estresado _you have stressed_	hubieras estresado _you had stressed_	hubieres estresado _you will have stressed_
Ella / Él / Ud _She/he/you (fml)_	haya estresado _s/he has stressed_	hubiera estresado _s/he had stressed_	hubiere estresado _s/he will have stressed_
Nosotras/os _We_	hayamos estresado _we have stressed_	hubiéramos estresado _we had stressed_	hubiéremos estresado _we will have stressed_
Vosotras/os _You (pl)_	hayáis estresado _you (pl) have stressed_	hubierais estresado _you (pl) had stressed_	hubiereis estresado _you (pl) will have stressed_
Ellas/os / Uds _They/you (pl fml)_	hayan estresado _they have stressed_	hubieran estresado _they had stressed_	hubieren estresado _they will have stressed_

Imperative tenses

Pronoun	Affirmative	Negative
Tú _You_	estresa _(to you) stress!_	no estreses _(to you) don't stress!_
Ella / Él / Ud _She/he/you (fml)_	estrese _(to you fml) stress!_	no estrese _(to you fml) don't stress!_
Nosotras/os _We_	estresemos _let's stress!_	no estresemos _let's not stress!_
Vosotras/os _You (pl)_	estresad _(to you pl) stress!_	no estreséis _(to you pl) don't stress!_
Ellas/os / Uds _They/you (pl fml)_	estresen _(to you pl fml) stress!_	no estresen _(to you pl fml) don't stress!_

Past participle & gerund

Past participle
estresado _stressed_

Gerund
estresando _stressing_

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