

Calmarse conjugation

to calm down (oneself)

REGULAR -AR VERB

Indicative tenses

PRONOUN	PRESENT	PRETERITE	IMPERFECT	FUTURE	CONDITIONAL
Yo I	me calmo <i>I calm down</i>	me calmé <i>I calmed down</i>	me calmaba <i>I used to calm down</i>	me calmaré <i>I will calm down</i>	me calmaría <i>I would calm down</i>
Tú You	te calmas <i>you calm down</i>	te calmaste <i>you calmed down</i>	te calmabas <i>you used to calm down</i>	te calmarás <i>you will calm down</i>	te calmarías <i>you would calm down</i>
Ella / Él / Ud She/he/you (fml)	se calma <i>s/he calms down</i>	se calmó <i>s/he calmed down</i>	se calmaba <i>s/he used to calm down</i>	se calmará <i>s/he will calm down</i>	se calmaría <i>s/he would calm down</i>
Nosotras/os We	nos calmamos <i>we calm down</i>	nos calmamos <i>we calmed down</i>	nos calmábamos <i>we used to calm down</i>	nos calmaremos <i>we will calm down</i>	nos calmaríamos <i>we would calm down</i>
Vosotras/os You (pl)	os calmáis <i>you (pl) calm down</i>	os calmasteis <i>you (pl) calmed down</i>	os calmabais <i>you (pl) used to calm down</i>	os calmaréis <i>you (pl) will calm down</i>	os calmaríais <i>you (pl) would calm down</i>
Ellas/os / Uds They/you (pl fml)	se calman <i>they calm down</i>	se calmaron <i>they calmed down</i>	se calmaban <i>they used to calm down</i>	se calmarán <i>they will calm down</i>	se calmarían <i>they would calm down</i>

PRONOUN	PRESENT PERFECT	PAST PERFECT	FUTURE PERFECT	CONDITIONAL PERFECT
Yo I	me he calmado <i>I have calmed down</i>	me había calmado <i>I had calmed down</i>	me habré calmado <i>I will have calmed down</i>	me habría calmado <i>I would have calmed down</i>
Tú You	te has calmado <i>you have calmed down</i>	te habías calmado <i>you had calmed down</i>	te habrás calmado <i>you will have calmed down</i>	te habrías calmado <i>you would have calmed down</i>
Ella / Él / Ud She/he/you (fml)	se ha calmado <i>s/he has calmed down</i>	se había calmado <i>s/he had calmed down</i>	se habrá calmado <i>s/he will have calmed down</i>	se habría calmado <i>s/he would have calmed down</i>
Nosotras/os We	nos hemos calmado <i>we have calmed down</i>	nos habíamos calmado <i>we had calmed down</i>	nos habremos calmado <i>we will have calmed down</i>	nos habríamos calmado <i>we would have calmed down</i>
Vosotras/os You (pl)	os habéis calmado <i>you (pl) have calmed down</i>	os habíais calmado <i>you (pl) had calmed down</i>	os habréis calmado <i>you (pl) will have calmed down</i>	os habríais calmado <i>you (pl) would have calmed down</i>
Ellas/os / Uds They/you (pl fml)	se han calmado <i>they have calmed down</i>	se habían calmado <i>they had calmed down</i>	se habrán calmado <i>they will have calmed down</i>	se habrían calmado <i>they would have calmed down</i>

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Subjunctive tenses

PRONOUN	PRESENT	IMPERFECT	FUTURE
Yo I	me calme <i>I calm down</i>	me calmara <i>I calmed down</i>	me calmare <i>I will calm down</i>
Tú You	te calmes <i>you calm down</i>	te calmaras <i>you calmed down</i>	te calmares <i>you will calm down</i>
Ella / Él / Ud She/he/you (fml)	se calme <i>s/he calms down</i>	se calmara <i>s/he calmed down</i>	se calmare <i>s/he will calm down</i>
Nosotras/os We	nos calmemos <i>we calm down</i>	nos calináramos <i>we calmed down</i>	nos calmaremos <i>we will calm down</i>
Vosotras/os You (pl)	os calméis <i>you (pl) calm down</i>	os calmarais <i>you (pl) calmed down</i>	os calmareis <i>you (pl) will calm down</i>
Ellas/os / Uds They/you (pl fml)	se calmen <i>they calm down</i>	se calmaran <i>they calmed down</i>	se calmaren <i>they will calm down</i>

PRONOUN	PRESENT PERFECT	PAST PERFECT	FUTURE PERFECT
Yo I	me haya calmado <i>I have calmed down</i>	me hubiera calmado <i>I had calmed down</i>	me hubiere calmado <i>I will have calmed down</i>
Tú You	te hayas calmado <i>you have calmed down</i>	te hubieras calmado <i>you had calmed down</i>	te hubieres calmado <i>you will have calmed down</i>
Ella / Él / Ud She/he/you (fml)	se haya calmado <i>s/he has calmed down</i>	se hubiera calmado <i>s/he had calmed down</i>	se hubiere calmado <i>s/he will have calmed down</i>
Nosotras/os We	nos hayamos calmado <i>we have calmed down</i>	nos hubiéramos calmado <i>we had calmed down</i>	nos hubiéremos calmado <i>we will have calmed down</i>
Vosotras/os You (pl)	os hayáis calmado <i>you (pl) have calmed down</i>	os hubierais calmado <i>you (pl) had calmed down</i>	os hubiereis calmado <i>you (pl) will have calmed down</i>
Ellas/os / Uds They/you (pl fml)	se hayan calmado <i>they have calmed down</i>	se hubieran calmado <i>they had calmed down</i>	se hubieren calmado <i>they will have calmed down</i>

Imperative

PRONOUN	AFFIRMATIVE	NEGATIVE
Tú You	cálmate <i>(to you) calm down!</i>	no te calmes <i>(to you) don't calm down!</i>
Usted You (fml)	cálmese <i>(to you fml) calm down!</i>	no se calme <i>(to you fml) don't calm down!</i>
Nosotras/os We	calmémonos <i>let's calm down!</i>	no nos calmemos <i>let's not calm down!</i>
Vosotras/os You (pl)	calmaos <i>(to you pl) calm down!</i>	no os calméis <i>(to you pl) don't calm down!</i>
Ustedes You (pl fml)	cálmense <i>(to you pl fml) calm down!</i>	no se calmen <i>(to you pl fml) don't calm down!</i>

Past participle and gerund

Past participle	calmado <i>calmed down</i>
Gerund	calmando <i>calming down</i>



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